SUMMER CAMP 2025 (Ages 4-14 years) **FIND YOUR** BEST SUMMER **FIND YOUR Y**

YMCA OF THE VIRGINIA PENINSULAS

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Summer is a time for kids to be kids. And Y day camp is the place to make every precious summer day a great one.

LOCATIONS

Our day camps span across the Virginia Peninsulas. For a full list of locations please see the last page of this brochure.

CAMPS OFFERED

Traditional Day Camp, Teen Camp, Specialty Camp, Sports Camp, C.I.T., Preschool Camp, and Overnight Camp

CONTACT

For more information about our camps contact your local Y or email daycamp@ymcavp.org.





Ages 2-4 PRESCHOOL SUMMER SESSION	Ages 5–12 SPECIALTY CAMP	Ages 8–15 SAILING CAMP
Ages 4 yrs, 9 mos-14	Ages 6-12	Ages 8-16
TRADITIONAL DAY CAMP	SPORTS CAMP	CAMP KEKOKA

ACHIEVEMENT• BELONGING • RELATIONSHIPS

OUR FOCUS

The Y is a diverse organization of men, women, and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living, and fostering a sense of social responsibility. We bring men, women, and children – just like you – together, and our shared commitment to our communities ensures the opportunities to learn, grow, and thrive that we create for all, are ones that endure.

YMCA DAY CAMP

YMCA camps are exciting, safe communities for young people to explore the outdoors, build self-esteem, develop interpersonal skills and make lasting friendships and memories.



WELCOME TO YMCA DAY CAMP









The YMCA's four core values: honesty, caring, respect, and responsibility are woven throughout our day camp's inclusive and welcoming culture. With this foundation in place, we intentionally integrate character development more deeply into all interactions with our youth to promote social-emotional learning.

Our committed staff are dedicated to ensuring that all our campers are safe, accepted, and respected for who they are. Throughout the summer, our campers will grow socially and emotionally building skills through empathy, relationship building, emotion management, responsibility, and personal development, all while having FUN! Ultimately, after a summer at YMCA day camp, children's self-esteem will rise, and they will be better prepared to return to school.

Emotional Management: Youth learn to be aware of and constructively handle positive and challenging emotions.

Responsibility:

Youth learn to be reliable, committed, and fulfill obligations and challenging roles.

Personal Development:
Youth act, persist, and initiate
goals and outcomes and
persevere through difficult
situations and challenges.

Relationship Building: Youth plan, collaborate, and coordinate action with others. HELPING KIDS SUCCEED

SOCIAL EMOTIONAL LEARNING

The YMCA is committed to social emotional learning because youth with higher social-emotional competence are ...

54%

more likely to earn a high school diploma



2 2x

as likely to earn a college degree

46%
more likely to have full-time employment by age 25



AT YMCA SUMMER DAY CAMP YOUR **CHILD WILL EXPERIENCE...**

WHY CHOOSE THE Y FOR YOUR CHILD'S SUMMER?



- 1:10* staff to child ratio for 4-year olds
- 1:18* staff to child ratio for 5 to 12-year olds
- · Qualified counselors who receive over 30 hours of training in behavioral guidance, strategies to help campers feel comfortable in a new environment, how to make friends and much more
- Staff are all certified in CPR, AED, and First Aid
- Y Day Camps meet state licensing Day Camp Child Care guidelines



S AFFORDABLE

- Pre and Post Camp Care (Open-9 a.m., 4-6 p.m.)
- Free snack and lunch program at select USDA sites
- · Additional child discounts for your family
- Financial assistance available (upon request) thanks to donors
- Become a YMCA of Virginia Peninsulas member and save \$60 per week per child



FUN

- Fun and creative activities
- Camper's choice educational skill activities
- Healthy living habits
- Team building activities
- Opening and closing ceremonies
- Sports
- Field trips
- Small group activities
- Arts & crafts
- Benefits: Friendships, decision making and problem-solving skills, team building and more

*Note: When there is a mixed age group, the staff-to-child ratio will be adjusted on a prorated basis, according to youngest age.



ESTABLISHING AND MAINTAININGA CLEAN, SAFE AND HEALTHY CAMP EXPERIENCE REMAINS OUR TOP PRIORITY.

Here are some of the safety protocols we will institute for day camp to keep our kids and staff safe.



GROUP RATIOS:

Per state guidelines, our ratios will be reduced. 1:18 for ages 5 and up and 1:10 for 3-4 year olds.



Staff are certified in CPR, AED, and First Aid. Counselors also receive over 30 hours of training.





HANDWASHING:

Children and staff will be required to wash their hands every 30 minutes.

WIPING DOWN SURFACES:

Staff will be disinfecting all high-contact surfaces. Many shared items, such as board games, equipment, blocks, and books, will be disinfected before each use.





PERSONAL BELONGINGS:

Campers should only bring necessary items to summer camp. This may include a labeled personal water bottle, a lunch box and/or a change of clothing. Each camper will be supplied a personal item bag and a cubby for their belongings.

DROP-OFF AND PICK-UP:

To limit the number of people entering the building, we will be using curbside drop-off and pick-up from 6-9 a.m. and from 4-6 p.m. If you need to drop-off or pick up outside of these times, call your child's center.



THE YMCA HAS FOLLOWED SAFETY PROTOCOLS SINCE MARCH 30, 2020 AND IN RETURN OVER 1,500 CHILDREN HAVE SAFELY ATTENDED YMCA DAY CAMP AND SCHOOL AGES PROGRAMS. THE SAFETY OF YOUR CHILDREN AND OUR STAFF WILL ALWAYS BE OUR TOP PRIORITY.

A TYPICAL DAY AT SUMMER DAY CAMP

Each day of camp provides a variety of safe and fun adventures. The following is a sample of your camper's day at camp.

7 a.m. DROP-OFF

*Some of our day camp locations open as early as 6 a.m.

7-9 a.m. PRE-CAMP

Age appropriate structured activities and snack provided

OPENING CEREMONY

Get loose and get into the camp spirit

CAMP DAY 9 a.m.-4 p.m.

Throughout the day, campers will participate in a wide variety of activities, including: small and large group games, skills, arts & crafts, science projects, read for 30 minutes, social emotional learning, rest and relaxation periods; all while growing as individuals.

3:30 p.m. CLOSING CEREMONY

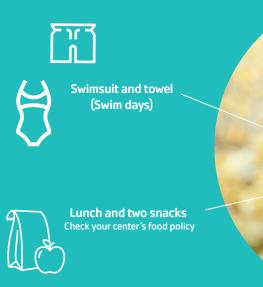
Camp songs, camper reflection, and reminders

4-6 p.m. POST CAMP

Age appropriate structured activities. Healthy dinner or snack provided.

6 p.m. PICKUP

Campers must be picked up no later than 6 p.m.







Water bottle



Closed-toed shoes



SUMMER DAY CAMPS WE OFFER

PRESCHOOL SUMMER SESSION Ages 2-4

A child's readiness for school is multi-faceted, encompassing the whole range of physical, social, emotional, language, and cognitive skills that children need to thrive. In the morning, your camper will enjoy four structured cognitive lessons that resemble the rules and culture of school, along with four "brain breaks." The afternoon will focus on social and emotional skill-building in the camp environment. Campers will be divided into groups by age, with activities appropriate to the interests and needs of each group.

TRADITIONAL DAY CAMP Ages 4 yrs. 9 mos-14

Join YMCA day camp for one week or an entire summer of fun. We focus on caring, honesty, respect, and responsibility in all our activities, from educational camper-chosen skill sessions to swimming, arts & crafts, and games. We provide fun-filled activities that allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth, and creativity. Day campers will be divided into groups by age, with activities appropriate to the interests and needs of each group.

SPECIALTY CAMP

Ages 5-12

Does your child have a specific interest or hobby, or do they want to try something new? Chances are we have a specialty camp for them. Campers spend three hours DAILY, four days per week, focusing on their specialized activity. Campers must meet the minimum age before the week they wish to attend.

Please see page 9 for more info.

SPORTS CAMP

Ages 6-12

YMCA sports camps are offered for children who want to develop skills and techniques while learning the value of teamwork, sportsmanship, and fair play. Each camp will include drills, skill development, learning the rules of the game, and actual play, reinforcing the core values of caring, honesty, respect, and responsibility.

Please see page 10 for more info.

SAILING CAMP

Ages 8-15

The Mathews Family YMCA offers this annual camp for beginner sailors ages 8-15. Campers can access sailboats ranging from the standard Sunfish and Laser to larger sailboats with jibs and mainsails. Our camp schedule is as dynamic as the sea, adjusted weekly based on the unique sailing experiences of our students and the whims of the weather. This flexible approach ensures maximum safety and enjoyment for all our campers.

Please see page 11 for more info.

SUMMER DAY CAMP THEMES

SUMMER BUCKET LIST

Kick off the summer by creating your ultimate bucket list. From thrilling activities to seasonal goals, we'll dive into all the fun that makes summer so special. Each day will bring new adventures, challenges, and opportunities to check off those must-dos. Dress-Up Day: Wear an outfit inspired by something on your bucket list—whether it's a day at the beach, a baseball game, or a dream family vacation.

Belugas, monkeys, and hedgehogs—oh my. Embark on a week-long journey through the animal kingdom as we discover incredible creatures from every corner of the world. From marine life to safari adventures, woodland critters to farm friends, there's a wild surprise around every corner.

Dress-Up Day: Come as your favorite animal for a roaring good time.

ANIMAL PLANET

HEROES IN TRAINING

Bravery, boldness, and a big heart are the marks of a hero. This week is all about discovering what it means to be a leader and help others, both as superheroes and real-life role models. Dress-Up Day: Show off your hero spirit by dressing as your favorite superhero or real-life hero.

Get ready to crawl into the fascinating world of insects. From butterflies to beetles, we'll uncover the secrets of our buggy pals and learn why they're so important. Through exciting hands-on activities, campers will develop a newfound appreciation for the tiny creatures all around us.

BUGGIN' OUT

COLOR CRAZE

Prepare to get messy. This week is packed with gooey, slimy, colorful fun as campers dive into creative art projects and wild activities. Roll up your sleeves and let your imagination run free. Dress-Up Day: Wear the wackiest, most colorful, or most mismatched outfit you can find.

Ahoy, matey. Set sail on a thrilling treasure hunt packed with pirate-themed fun, scavenger hunts, and adventurous surprises. From jungle explorations to dino digs, this week promises excitement at every turn. Dress-Up Day: Dress as a daring pirate or an intrepid jungle explorer and join the quest for treasure.

TREASURE HUNT

IN A THEATER NEAR YOU

Lights, camera, action. This week is all about the magic of movies. Campers will explore favorite characters, create their own stories, and dive into the world of film. Dress-Up Day: Step into the spotlight dressed as your favorite movie character.

Blast off into an out-of-this-world adventure. Explore galaxies far and wide, discovering planets, stars, and more along the way. This week promises cosmic fun that's truly out of this world. Dress-Up Day: Come dressed as a space explorer or your favorite alien.

LOST IN SPACE

SPLASHTACULAR

Cool off with a week of wet and wild fun. From water games to splash-tastic activities, this week is all about beating the heat with a splash of adventure. Bring your towel, because it's going to get wet. Dress-Up Day: Stay in the splash zone with your favorite water-friendly outfit.

Show off your camp spirit during a week packed with fun challenges and activities. Each day has a unique theme to bring out the creativity and energy in every camper:

Monday (Throwback Day), Tuesday (Twin Tuesday), Wednesday (School Spirit),

Thursday (Team Up Thursday), Friday (YMCA Spirit

SPIRIT WEEK

CAMP CARNIVAL

Step right up for a week of carnival excitement. From obstacle courses to face painting, and potato sack races to carnival games, this week promises non-stop fun and laughter. Dress-Up Day: Wear your brightest, most colorful, or silliest clothes for the ultimate carnival vibe.

AGES 5-12

SPECIALTY CAMPS



HOW IT'S MADE CLUB

Curious minds, unite. Dive into the world of engineering and design in this hands-on camp where you'll discover how everyday items are made. Get ready to invent, build, and unleash your creativity with exciting projects and challenges.



GOOP & MAGICAL SOLUTIONS

Join us on an adventure in this cool and crazy science camp. Learn about chemical reactions through whacky experiments and fun projects. Follow the scientific method to build your own volcano and watch it explode, create your own vortex, and design your own edible potions. A truly magical experience with two



SAVOR THE FLAVOR

Become a chef-in-training in this fun and flavorful camp. Learn the basics of cooking, from appetizers to desserts, while exploring key culinary skills like nutrition, creativity, and sharing your creations. Best of all, you get to taste-test your work.



SAFETY CAMP

Have fun and stay safe. This interactive camp teaches kids essential safety skills, from bike and water safety to internet and sports tips. With engaging activities and hands-on learning, campers will become safety superstars in no time.

*Please note all of our Y's do not offer specialty camps and offerings may change by location. For a full list of offerings check with your local center.

AGES 6-12

SPORTS CAMPS

BASKETBALL CAMP



Basketball camp is designed to teach new players the basic skills of basketball and refine skills for future players. Focus will be on ball control, shooting techniques, rules of the game, teamwork, sportsmanship, and fair play for all. Ages 6-8, 9-12

VOLLEYBALL CAMP



Join us for volleyball camp where beginner and advanced players feel welcomed, challenged, and fulfilled. Our weeklong, half-day volleyball camp is full of fun, fellowship, and skill development. Ages 9-12

SOCCER CAMP



During this week of camp our sports team will ensure your young athlete will gain the technical skills and soccer knowledge required for their next step in soccer.

Ages 6-8, 9-12

MULTI-SPORTS CAMP



Does your child love sports? Campers will enjoy the ever-changing world of sports with a variety of interactive games. Ages 6-8, 9-12

GOLF CAMP



The Y offers a variety of sports camps to give kids a week of concentrated fun around something they enjoy or want to learn.

Ages 6-14

CLIMBING CAMP



Get ready for an adventure that's as exciting as it is empowering. Our Climbing Camp introduces young adventurers to the world of rock climbing. In a safe and supportive environment, campers will build physical strength, improve coordination, and sharpen their problem-solving skills—all while scaling new challenges and growing their confidence.

Ages 6-12

*Please note all of our Y's do not offer sport camps and offerings may change by location.

For a full list of offerings check with your local center.

AGES 8-15

SAILING CAMP

Mathews Yacht Club

This annual camp is offered by the Mathews Family YMCA for beginner sailors ages 8-15. Campers have access to various sailboats ranging from the standard Sunfish and Laser to larger sailboats with jib and mainsails.



TAILORED SAILING DAYS

Our camp schedule is as dynamic as the sea, adjusted weekly based on the unique sailing experiences of our students and the whims of the weather. This flexible approach ensures maximum safety and enjoyment for all our campers.

EXCLUSIVE AT MATHEWS YACHT CLUB

Hosted at the prestigious Mathews Yacht Club, our program not only provides top-notch sailing instruction but also instills a sense of community and belonging among young sailors.

We believe in making sailing accessible to all. Our competitive pricing is designed to encourage participation:

Members: \$325 Non-Members: \$375

EMBARK ON A NAUTICAL JOURNEY

Join us at Mathews Yacht Club for an unforgettable sailing camp experience.

Open to young enthusiasts from ages 8 to 15, our program promises a summer filled with adventure, learning, and the joy of sailing.

A FLEET AT YOUR FINGERTIPS

Whether you're a beginner or an experienced sailor, our range of sailboats, from the easy-to-navigate Sunfish and Laser to larger vessels with jib and mainsails, offers the perfect platform for every skill level.



Please note that the camp will be held from June 9 to August 8, with no camp taking place during the week of July 4.

AGES 8-16



CAMP KEKOKA

Skiing, knee boarding, tubing, kayaking, sailing, fishing, you name it, and Camp Kekoka gets crazy with it. Windsurfing? We got it. Swimming pool, recreation hall, archery, campfires? We got it. Character development, teamwork, better self-esteem, WE LEAD IT! What are you waiting for?

OVERNIGHT CAMP

\$870 per camper/per week Ages 9-15



While at Camp Kekoka campers enjoy living in climate-controlled cabins with nine other campers grouped by age. Each cabin has two highly-trained adult counselors. During the daylight hours, campers enjoy a well-rounded camp experience which includes traditional activities like swimming, arts and crafts, and archery as well as some unique activities like crabbing, fishing, tubing, kayaking, rock climbing and ziplining. Campers are encouraged to bring costumes or fun things that go along with the theme for their week.

- OLYMPICS: June 22-27
- SURVIVOR: June 29-July 4
- OUTER SPACE: July 6-11
- HARRY POTTER: July 13-18
- MAD SCIENTIST: July 20-25
- SPIRIT WEEK: July 27-August 1



\$390 per camper/per week Age 8

This camp is for 8-year-olds who want to test out resident camp. For three days and two nights, campers experience the same activities offered during regular resident camp. The only difference is the amount of time they are away from home.

OUTER SPACE: July 9-11







\$310 per camper/per week Ages 14-16

This program is designed for campers ages 15-16 who have an interest in becoming strong leaders and positively impacting children. Trainees meet several times a week to learn about leadership qualities and the transition from camper to counselor. They also get to participate in everyday camp activities.

SURVIVOR: June 29–July 4 MAD SCIENTIST: July 20–25

REGISTRATION

YMCA of Virginia Peninsulas Summer Day Camp 2025 is 10 or 11 weeks, depending on location. Campers can sign up for one or more weeks.



SUMMER CAMP T-SHIRT

New this year - You'll have an opportunity to select your child's size and the quantity to purchase from our YMCA Store. Look out for the link in your welcome email after registering for summer camp.

CLEAR BACKPACK

A clear backpack is required for summer camp. You can bring one from home or purchase one from our YMCA store. After registering for summer camp, a link will be included in your welcome email.



ADDITIONAL INFORMATION (needed prior to camp)

- Medication Administration Forms (if necessary for medication administration during camp)
- Allergy plan from a physician for any allergies listed on your registration
- Sunscreen/bug spray authorization forms

WHAT'S NEXT?

Look out for our Welcome to Camp email and emails from your Child Care Director. Email communication will have important information about orientation dates, our orientation video, and site-specific details about your first day of camp. We look forward to seeing you soon at your Y.



ONLINE REGISTRATION

Want to save time and secure your spot early? Please have all necessary information and paperwork ready prior to starting the online process.

Registration packet completed online with all necessary information.

- Two emergency contacts
- Authorized pick ups
- Pertinent information about your child
- Contact information for parents/quardians
- Physician contact information

Form of payment information to enter for weekly draft and to pay your registration fee

- Birth Certificate for proof of identity
- Physical and immunization records





All activity

As activity

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Learning Lesson Plans

Brightwheel is the #1 software solution for preschools, child care, daycare, camps, and after school programs. Brightwheel is the only app that integrates everything you need: sign in/out, messaging, learning assessments, daily sheet reports, photos, videos, calendars, online bill pay for parents, and much more.









PAYMENT INFORMATION



WEEKLY PAYMENTS

Weekly payments are due on Monday, 14 days before chosen camp week. Upon completion of registration your balance will automatically be set up for auto pay. Camp payments are non-refundable. Sports camp and specialty camp payments are due at the time of registration.

REGISTRATION

A one-time fee of \$40 per child is due at the time of registration.

MULTI-CHILD DISCOUNT

YMCA of Virginia Peninsula offers a multi-child discount of \$5 off each additional child.

CANCELLATION/REFUNDS



- Child Care programming is sold in weekly increments and are drafted from your account 14 days prior to each week of Child Care you purchased. Refunds or credits can only be considered when requested changes occur no less than 14 days from the week of Child Care you purchased.
- Requests to change or cancel during the 14 day window will receive a 75% credit of the weekly rate. A change fee of 25% of each Child Care week requested will be assessed and not used as a credit or refund at the time of registration adjustment.
- If you cancel after the 14-day window, you will be responsible for the full cost of the program.
- If a participant attends fewer days than registered for, there will be no credit in price.
 To request a change in schedule, cancellation, or refund/credit, please contact your local child care director prior to the payment due date

BECOME A MEMBER AND SAVE



Do you want to save \$60 per week on day camp? Sign up for a Y membership at one of our centers. If you join after you have signed up for camp please notify the Child Care Director at your center to apply the discount.

VIRGINIA CHILD CARE ASSISTANCE

The YMCA of Virginia Peninsula offers many summer day camps that are licensed by the VDOE and accepts Virginia Child Care Assistance for traditional day camp.

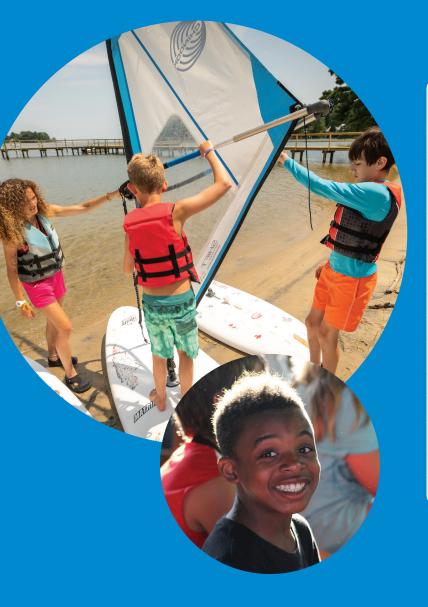
Contact your local Social Services office for approval as you must have authorization before we can register your child for YMCA summer day camp.

YMCA FINANCIAL ASSISTANCE

Individuals and families may apply for financial assistance for membership or programs such as summer day camp. Assistance is based on a number of factors, including total household income and number of dependents. The process is confidential. Apply online on our website. Email daycamp@ymcavp.org or your local Child Care Director for any questions regarding financial assistance.

DAY CAMP FEES AND PAYMENT SCHEDULE

WEEKLY CAMP FEES				
CAMP OPTIONS	Preschool Day Camp (2 years)	Preschool Day Camp (3-4 years)	Sports and Specialty Camps (5-12 years)	Traditional Day Camp (4 yrs. 9 mos14yrs.)
DAYS	5 days/week	5 days/week	4 days/week	5 days/week
MEMBER	\$165	\$155	\$53	\$153
NON-MEMBER	\$185	\$175	\$103	\$223



PAYMENT SCHEDULE*

CAMP WEEK	PAYMENT DRAFT DATE
May 27–May 30	May 12
June 2-June 6	May 19
June 9-June 13	May 26
June 16-June 20	June 2
June 23-June 27	June 9
June 30-July 4	June 16
July 7-July 11	June 23
July 14-July 18	June 30
July 21–July 25	July 7
July 28-August 1	July 14
August 4-August 8	July 21
August 11-August 15	July 28
August 18-August 22	August 4
August 25-August 29	August 11

^{*}The camp start dates vary depending on the type of camp. Please check the details on the website.

SUMMER CAMP LOCATIONS

- GREATER WEST POINT FAMILY YMCA (West Point)
- HAMPTON FAMILY YMCA (Hampton)
- LUTER FAMILY YMCA (Smithfield)
- MATHEWS FAMILY YMCA (Hartfield)
- MIDDLESEX FAMILY YMCA (Hartfield)
- NORTHUMBERLAND FAMILY YMCA (Heathsville)
- R.F. WILKINSON FAMILY YMCA (Williamsburg)
- RICHMOND COUNTY FAMILY YMCA (Warsaw)
- TOM & ANN HUNNICUTT FAMILY YMCA (Newport News)
- VICTORY FAMILY YMCA (Yorktown)
- VICTORY FAMILY YMCA (Poquoson)
- WESTMORELAND FAMILY YMCA (Montross)

SPECIALTY CAMP LOCATIONS

- LUTER FAMILY YMCA
- TOM & ANN HUNNICUTT FAMILY YMCA
- VICTORY FAMILY YMCA

SPORTS CAMP LOCATIONS

BASKETBALL CAMP

- TOM & ANN HUNNICUTT FAMILY YMCA
- GREATER WEST POINT FAMILY YMCA
- LUTER FAMILY YMCA
- NORTHUMBERLAND FAMILY YMCA
- WESTMORELAND FAMILY YMCA

SOCCER CAMP

- HAMPTON FAMILY YMCA
- LUTER FAMILY YMCA
- TOM & ANN HUNNICUTT FAMILY YMCA
- VICTORY FAMILY YMCA
- NORTHERN NECK FAMILY YMCA

VOLLEYBALL CAMP

WESTMORELAND FAMILY YMCA

CLIMBING CAMP

VICTORY FAMILY YMCA

MULTI-SPORTS CAMP

- HAMPTON FAMILY YMCA
- LUTER FAMILY YMCA
- TOM & ANN HUNNICUTT FAMILY YMCA
- VICTORY FAMILY YMCA

FIND YOUR Y, FIND YOUR CAMP!

